

True Paleo Inc



Policy Number: AD-TM-01

Policy Responsible Official: President, Vice President

Effective Date: 10-26-2023

Code of Conduct

As a member of True Paleo Inc, we are guided by our core values, 9 principles of life, our code of ethics, and code of conduct. These elements align with our commitment to three key initiatives: clinical nutrition research for chronic disease management (endocrine, autoimmune, and mental health conditions), nutritional trauma-informed care for lifestyle recovery, and addressing nutritional food insecurity.

This code outlines the expected behavior and actions of members and individuals associated with True Paleo Inc:

1. Commitment to Evidence-Based Practices
 - a. We adhere to evidence-based practices in all our initiatives.
 - b. We continuously seek to expand our knowledge and expertise.
2. Supportive and Respectful Communication
 - a. We communicate with empathy, respect, and active listening.
 - b. We promote open and constructive dialogue.
 - c. We respond to communication within a reasonable timeframe.
3. Non-Discrimination
 - a. We do not discriminate on the basis of race, gender, religion, or any other protected characteristic.
 - b. We provide equal support and resources to all individuals.
4. Professional Behavior
 - a. We sign and adhere to all required agreements and policies.
 - b. We attend meetings and training sessions as required.
 - c. We plan ahead for meetings and come prepared.
 - d. We comply with data protection regulations and guidelines.
 - e. We work diligently to complete tasks by agreed-upon deadlines.
 - f. We do not engage in plagiarism or intellectual property violations.
 - g. We safeguard the privacy and confidentiality of all information shared with us, and do not disclose sensitive information without proper consent.
 - h. We have no financial interests or conflicts of interest that could compromise our objectivity.
5. Empowerment of Individuals
 - a. We encourage individuals to actively engage in their health decisions.
 - b. We provide resources and support to encourage self-advocacy.